**Michael Pond**

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About Michael

Michael Pond is a psychotherapist specializing in substance use and mental health. His reason for doing so is both personal and professional.

**The Professional:**

Michael Pond is a psychotherapist specializing in individual, family and group therapy who has returned to the lower mainland after two decades of thriving private practice in the Okanagan, Pond developed a diverse client base – from First Nations to school-based programs to Crisis Intervention. He specializes in working with children, youth and adults with mental health and addiction issues. He employs a wide range of treatments, designed to offer clients the quickest, most effective relief: Motivational Interviewing, Harm Reduction Psychotherapy, Cognitive-behavioral Therapy, mindfulness and systems approaches.

As a **Registered Psychiatric Nurse, RPN** (AHP 1978)and **Master of Clinical Social Work, MSW, RSW**, (UBC 1995), Michael blends medical and social models to offer a unique inter-disciplinary approach to individual therapy, community healing and organizational development.

**The Personal:** Michael’s life-threatening battle with alcohol left him with unique empathy. He has truly walked in his client’s shoes. His riveting story is told in the book, “*Wasted: An Alcoholic Therapist’s Fight for Recovery in a Flawed Treatment System*,” and his search for evidence-based substance use treatment is captured in the documentary, “*Wasted,”* for CBC Television’s flagship science program, *The Nature of Things.*

Professional Experience

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| *June 2011 -present* | **Pond Psychotherapy Ltd.**  **Suite 200 – 100 Park Royal, West Vancouver**   * Private counseling and consulting services, including: addiction, mental health, child and family, relationship, organizational. * Offering: Brief Solution-Focused Therapy, EMDR, Hypnosis, Cognitive Behavioral, Mindfulness |
| *Mar. 2009 – June 2011* | **Fraser Health Authority: Adolescent Psychiatric Unit**  **Surrey Memorial Hospital**   * Provides psychiatric assessment and treatment of adolescents diagnosed with mental disorders as a member of a multidisciplinary team. * Facilitates individual, family and group therapy, with other clinical specialties. |
| *Sept. 1996 – Nov. 2008* | **Michael Pond Associates Ltd.**  **Penticton, BC – Director**   * Independent private practitioner specializing in individual, couples, family, group, and organizational therapy. * Contract services: Ministry of Children and Family Development, First Nations, Health Canada, Workers Compensation Board, ICBC, Victims Services, Critical Incident Stress Management for the Okanagan Fires, Ministry of Education, and various Employee Assistance Programs. * Special Areas of Interest: addictions, anxiety, depression, phobias, trauma, family assessment and treatment, custody and access evaluation, family violence, anger management, abuse (victim and offender), conflict resolution, mediation, collaborative divorce counseling, couples therapy, First Nations. * Treatment Approaches: cognitive-behavioral therapy, clinical hypnosis, EMDR, EFT, systems therapy, family of origin, solution-focused brief therapy, relapse prevention, mind/body work. * Organizational Development Special Areas of Interest: the Human Element approach, conflict resolution, enhancing human potential, personal growth and organizational team building both as a clinician and as a consultant, community development. |
| *Sept. 1995-June. 1998* | **Okanagan University College, Kelowna, BC**  **Sessional Professor – Bachelor of Social Work Program** |
| *Sept. 1978 – Sept. 1996* | **Registered Psychiatric Nurse / Clinical Social Worker**   * Penticton Counseling Services, Penticton, BC * Ministry of Health, Mental Health Services, Penticton, BC**.** * Ministry of Health, Youth Forensic Psychiatric Services, Kamloops, BC/Burnaby, BC: * Elizabeth Fry Society, Kamloops Adult Sex Offenders Program * Ministry of Health, Maples Adolescent Treatment Center, Burnaby, BC. * Royal Columbian Hospital, Residential Psychiatric Ward, New Westminster, BC * Federal Corrections, Regional Psychiatric Centre, Abbotsford, BC * Ministry of Health, Crease Clinic, Riverview Hospital, Port Coquitlam, BC * Alberta Hospital, Ponoka, Alberta |

Specialty Training

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| *2015*  *2005* | Community Reinforcement and Family Training (CRAFT) – Certified CRAFT Therapist  EMDR in Psychotherapy – Level I and II Certification |
| *2001* | Certified Trainer– Advanced Level, Canadian Society of Clinical Hypnosis (BC Division) |
| *2001* | Integrating Hypnosis and Psychotherapy  Canadian Society of Clinical Hypnosis – University of British Columbia |
| *1999* | The Human Element – Certified Level I and II Trainer- Organizational Development, Will Schutz Associates – Berkley, California |
| *1999* | Critical Incident Stress Debriefing Certification  Easton-Snelgrove Counseling |
| *1998* | Concurrent Disorders Treatment Approaches |
| *1998* | Brief Solution-Focused Therapy Model, Mental Health and Addictions, Penticton |
| *1997* | Rapid Treatment for Phobias, Anxiety, and Addictions |

**References**

Provided upon request